

CARMEL CLARION



OCDS NEWSLETTER
Eastern Regional Office
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OCTOBER - DECEMBER 1993

GREETINGS FROM YOUR NEW PROVINCIAL DELEGATE: FATHER PATRICK FARRELL OCD

Dear Members of the Secular Order,

What you need to know about me is not that I was born in Washington, D.C, went to the Minor Sem at Holy Hill, entered the novitiate in Brookline, and was ordained a priest in 1962, spending the next year at the Teresianum Institute of Spirituality in Rome, taught at Peterborough, NH, for three years, then spent the next 27 years in Wisconsin at Holy Hill (18 years) and Milwaukee (9years).

But, you will understand why I can be helpful to you, when I share with you my OCDS learning experiences: that I served as Spiritual Assistant to four OCDS groups while at Holy Hill, increased that number to 10-12 during the next six years at St. Florian's in Milwaukee, visiting a number of others as well, when I served as the Provincial Co-Delegate with Fr. Ted Centala for two years.

Admittedly, as Superior and Pastor of St. Florian's these past three years, I was limited to one regular OCDS Community and an occasional visit to two others. But my on the scene education as to the needs and special talents/graces of the Secular Order Member of the Discalced Carmelites has left me with a great esteem for this part of the family of Carmel.

In all honesty, after finishing my term as Pastor, I would have preferred to resume my work as Spiritual Assistant to as many OCDS groups as humanly possible. But..., Fr. Phillip, as my Provincial Superior, insisted I accept the job of being the Provincial Delegate for the Secular Order in this eastern third of the USA.

You can read about the responsibilities of the Provincial --or his Delegate-- in the OCDS *Rule of Life*. That means I am at your service. And some of you know it! About a hundred fifty letters have arrived in my short time as Provincial Delegate.

As you well know, this Clarion was delayed beyond my expectations. I hope this issue, no doubt a bit different than previous ones, offers you something spiritually helpful.

As pastor of a parish with a K-8 school, I learned a new respect for parish priests. Now, as I struggle to sort out the various problems and tasks ahead in this provincial office, I realize how awfully much work Fr. Bruno Cocuzzi did. And I wonder how many appreciate and thank God for his three years of generous service.

St. Therese said that the little flower did not need to be like the big tree, but to recognize God's gifts to it and perform as a little flower. I know my gifts are different from those of Fr. Bruno, so I will share with you what I can with my talents and also with my limitations.

Since arriving at Peterborough, NH, while I was still unloading clothes and notes from suitcases and boxes, it became necessary to move this office up one floor. In the process new stacks of God-knows-what have appeared. So, if you have written to me, I do intend to answer your letter.

Step by step, I am assembling information about groups and their members' professions, deaths, etc. Most of that information will not be ready for the next issue.

Meantime, I will try to get acquainted with the whole Secular Order reality in this eastern region. So when I can, I will try to be available for meetings with OCDS Councils and groups, retreat days or weekends.

Counting newly forming groups, there are more than 90 OCDS groups in our eastern region. And all of you are important. In the last two and a half months I was privileged to offer you retreats or spiritual talks or meetings at Providence, Morristown, Greensburg, Philadelphia, Louisville, Munster, Indianapolis, Harrisburg, and a few other places too.

I know that people can say to me, "As a priest and religious friar, you are expected to pray and esteem the prayer life." But when people discover that *you who work in the same office, etc. as they do* are Prayers, you as a Secular Carmelite give shockingly good witness to the ideals of Carmel! Appreciate your wonderful vocation!

Letter of our Father General,
Very Rev Camilo Maccise O.C.D.

To the 1993 National Congress
of Secular Order Carmelites,
at San Francisco, CA, USA:

Dear Brothers and Sisters,

The celebration of your Third National Congress gives me the opportunity of writing you a few words to express and reinforce our unity in Carmel.

As it is impossible for me to be present at the Congress, I send in my place, as my official representative, Fr. John Sullivan, Second Definitor General, whose duty it is to take care of the Apostolate of the Order and the Secular Carmel. With him comes Fr. John Landy, who is the Secretary General of the Apostolate and Secular Carmel. For them it will be of great use to take part in your gathering; while for you, it will be an opportunity to talk directly with those whose duty it is to animate the Secular Order on a world-wide basis.

The theme of your Congress is: *Carmel and the Eucharist*. I could make no better comment on this theme than to quote the poetry of Saint John of the Cross, where he rejoices in knowing God through faith in the Eucharist:

"How well, know I the font that bubbles
and courses, though night has fallen...

From this living font that prompts desires, in this bread of life before my eyes, though night has fallen."

Carmel has lived in great depth the mystery of the Eucharist, the hidden presence of the Lord; the closeness of Emmanuel, God-with-us, our friend that we can talk with since we know He loves us. I was delighted to see that the conferences, the panels and the workshops are organized in such a way that, while there is given an over-all view of the experience of Carmel, summed up in our Saints, present-day perspectives are opened out for reading afresh to assist living the Secular Carmelite life and its prophetic testimony, here and now.

The Eucharist, "*source and summit of the Christian life*" (LG,11), is at the same time, **memorial, celebration and proclamation**. To perform a **memorial** of the Lord is to bring about his presence. Filling us with peace, this is transformed into a **celebration** of our being one with the Lord and a **proclamation** of our perfect union with him, on that day when God will be all in all. (1 Cor 15,28)

Try always, in your Christian and Carmelite life, to live the Eucharist as the Word **celebrated in hope**, after having received it in **faith** and having taken up the challenge to live it with a **charity** that is real and effective, since the *Lord looks for works*" (Mansions V3,11), as our Holy Mother says. In such a way you will open yourselves, as Secular Carmelites, to the challenge of the New Evangelization: an evangelization enlivened by a new spirituality, an evangelization that is of necessity joined with "*human advancement that is development and liberation*" from personal and social sin (Cfr Evangelii Nuntiandi, 31), an evangelization that is inculturated into our present-day situation.

Draw always from this intimacy with Jesus, present in the Eucharist, bringing us into communion with him and one another, the stimulus to live your challenge to be evangelizers: the challenge to witness to and proclaim the Good News of the Gospel and to appeal to a society that does not live according to the message of Christ. Do it with a renewed fidelity to the charism of Carmel in the Church and in the world.

I am confident that your Congress, organized with such precision, as is your custom, will serve to be a stimulus and a pathfinder for

the Order in connection with the International Congress of the Secular Carmel which we are planning for October, 1996, in the Eternal City, Rome.

May the Lord keep you company in your searching and your discernment. May He help you, like the disciples of Emmaus, to understand the Scriptures and above all, may He be recognized by you in the deep experience of your family union "*in the breaking of bread*. In this way, you will be as the disciples were, *witnesses before the world to the resurrection and the life of the Lord Jesus, and a sign of the living God* (LG,38). Thus you will be able to proclaim that He walks with us along the road of life, moreover, that He reveals Himself to us only in *faith working through love*' (Gal 5,6)

From Rome, June 1, 1993

The National Congress In San Francisco

Taken from a letter by Peggy Wilkinson, OCDS, our Eastern Regional Representative:

It was a beautiful experience to meet so many fellow Carmelites, most of them from the Western Province and some from the Central Province. There were also a few representing the Eastern Province that I already knew. The Congresses that I have attended were always like a family reunion. Even when meeting other Seculars for the first time they seem like instant family.

The theme "*Carmel and the Eucharist*" was presented in many inspiring variations through conferences and workshops. One sad note was the news that Fr. John Sullivan's father had died, and we kept Fr. John and his family in our hearts and prayers throughout the Congress. Fr. John Denis Landy gave the Report and read the letter from the Superior General that Fr. John Sullivan would have presented. These will be included in the Proceedings, which are in the process of being printed.

We were fortunate in having the beautiful St. Ignatius Church on the campus grounds and the Monastery of Cristo Rey directly across the street from it. Bishop Carlos Sevilla, S.J., was the Principal Celebrant at the Saturday Mass, and he was disappointed that Fr. John Sullivan was not present. He and Fr. John were studying in Rome at the same time, and the Bishop was looking forward to renewing the friendship.

The Carmelite nuns of the Community of Cristo Rey outdid themselves on behalf of the Seculars. They had made 800 small Scapulars, two for each participant. The Scapulars were at each place setting for the Saturday banquet. The nuns had also obviously put in my hours of practice in preparation for the closing Liturgy which was held on Sunday in their chapel. The Secular members were deeply touched by their loving welcome.

An unexpected blessing came our way at the closing. A few of us met Lilia Acebo (a Franciscan Secular who attended the Congress, formerly from the Washington area) whose sister, Sr. Maria de la Inmaculada OCD, is a member of the Cristo Rey Community and was Music Director of the Nuns' choir. Lilia invited us to accompany her as she visited with her sister. We were shown to the speakroom, and had a delightful visit with Sr. Maria for about an hour. It was generous of Lilia, and a beautiful ending to our experience. Certainly the depths of God's Blessings at the Congress cannot be immediately comprehended and will continue to be revealed as we return to our daily lives.

WHAT WOULD FR. JOHN SULLIVAN HAVE SAID TO THOSE AT THE CONGRESS, IF HE HAD BEEN ABLE TO BE PRESENT?

Selecting from his would-have-been talk:

He would have talked about the 1996 International Congress in Rome and how we could help with it now, or between now and 1996. Comments?

What do we have to say about:

1. An update of the *Rule of Life*?
2. Mutual assistance between Friars and Secular Order groups?
3. Forms, criteria, and helps in OCDS formation?
4. Apostolic ministry of Secular Order groups?
5. Support for far-flung groups?
6. Effective self-government of the Secular Order?
7. Avenues to Communication between Related National Groups?

There is a National American Carmelite Institute in the making (NACI). It involves the three Discalced Provinces and the two O Carm Provinces and the Secular Orders of

the above. Translating into easy English, it means offering Carmelite Spirituality to many more people using modern means--like video cassettes,--which might turn out to be wonderful for groups that have no regular Carmelite Friar or Nun helper. Pray that this becomes a real source of help to people everywhere, and for you, too.

Did you know that December 20, 1993 is the 400th anniversary of the beginning of the Discalced Carmelites as a separate Order? So, after 400 years there is a new desire to collaborate more closely.

THE CARMELITE PROPER OF THE LITURGY OF THE HOURS... is a good example of this collaboration. It would seem that \$25.00 was much too expensive for this book until one realizes that is the cost to ICS Publications and this offers everyone, including those who do not pray Office of Readings, a ready source of information and spiritual reading about Carmelite Saints and Blesseds. A sample appears on the right side of this page. No one makes any money on this book; it is a source of spiritual enrichment. (A couple stops at McDonalds in a year would cost more.) You can obtain it (plus p&h) from: ICS PUBLICATIONS
2131 Lincoln Rd, NE
Washington, DC 20002-1199

NEW POLICY REGARDING ADS IN THE CLARION:

I see the primary purpose of the Clarion to be to enrich everyone spiritually by communications from and through me to all the OCDS Members and Candidates to become Members in the Eastern Region of the USA. Originally, this publication was devised to save the Provincial Delegate from writing hundreds of letters. I guess it did not work.

But, if you know of an event--like retreat weekends or days offering Carmelite/Teresian spirituality open to additional OCDS members or candidates,-- let me know: (1) The Event, (2) its location, (3) the date and time, & (4) the name, address and phone number of a designated contact person. Information, but not application forms can be shared here.

**MERRY CHRISTMAS
AND A HAPPY YEAR!**

January 3

**BLESSED KURIAKOS ELIAS CHAVARA
Priest**

Optional Memorial

Blessed Kuriakos Elias Chavara, co-founder and first prior general of the congregation of the Carmelites of Mary Immaculate, was born at Kainakary in Kerala, India, February 10, 1805. He entered the seminary in 1818, and was ordained priest in 1829. He made his religious profession in 1855, in the congregation he founded. In 1861 he was named vicar general for the Syro-Malabar church; in this capacity he defended ecclesial unity threatened by schism when mar. Tomas Rochos was sent from Mesopotamia to consecrate Nestorian bishops. Throughout his life he worked for the renovation of the church in Malabar. He was also co-founder in 1866 of the congregation of the Sisters of the Mother of Carmel. Above all, he was a man of prayer, zealous for the Eucharistic Lord and devoted to the Immaculate Virgin Mary. He died at Koonammavu in 1871. His body was transferred to Mannanam in 1889.

From the Common of Pastors or of Men Saints (Religious) except the following:

Office of Readings

THE SECOND READING


From a note written on the day of his death, by his spiritual director Fr. Leopold Beccaro.

Day and night he fought to arrest the spread of schism

TODAY, Tuesday, January, 3, 1871, at 7:15 in the morning, Fr. Cyriac (Kuriakos) Elias of the Holy Family, the first Prior, died after a life of great innocence. He could declare before his death he had never lost his baptismal innocence. He was exercising himself in the practice of virtues, dience, and devotion to the Most Blessed Sacrament, to the Blessed Virgin Mary and to St Joseph. He has undergone immense hardships for the good of the Christians of Malabar, especially during the time of the schism of Rochos, when he, having been appointed vicar general of the Syrians, showed his extraordinary devotion to the Holy See. He fought day and night to arrest the spread of schism from which he would save no less than forty parishes. On this account the Holy Father Pope Pius IX sent him a letter expressing his great satisfaction. He was the founder and the first Prior of the Carmelites of Malabar. He founded also the convent of nuns after undergoing many hardships. On account of his endearing virtues, learning and profound knowledge of the Syriac language he enjoyed great influence on the Syrians of Malabar. He was always greatly loved by the Vicars Apostolic of Malabar, and even more by the people of Malabar, the gentiles and Nestorians not excluded. He endured his last illness for two years in a spirit of great resignation, nay with joy. He was detached from all disorderly affections for earthly things, which was all the more true in the last days of his life. Having received the last sacraments with extraordinary piety and devotion, in a heavenly joy, and amidst the tears of all who knew him, especially my own, who knew him even as myself, he breathed his last at the age of sixty-five and was buried in the church of St Philomena at Koonammavu. O holy and beautiful soul, pray for me.

DISCALCED
CARMELITE
SECULAR
ORDER
CALENDAR

December 1993

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>GENERAL INTENTION: That all preparing for marriage discover in the sacrament the source of Christ's grace for living a faithful and fruitful love.</p> <p>MISSION INTENTION: That the 150th anniversary of the Holy Childhood Association attract the participation of children in missionary activity.</p> <p>DEDICATED TO: Holy Childhood of Jesus and the Incarnation</p>			<p>1 Is 25:6-10 Ps 23,1-3, 3-4,5,6 Mt 15:29-37 O Mother, how different are the ways through which the Lord leads souls!</p> <p>Story of a Soul p.207 St. Thérèse of Child Jesus & Holy Face</p>	<p>2 Is 26:1-6 Ps 118:1, 8-9,19-21,25-27 Mt 7:24-27 All that I see brings me to God. The sea with its immensity makes me think of God in His infinite grandeur. (C 20)</p> <p>Teresa of the Andes</p>	<p>3 Francis Xavier First Friday Is 29:17-24 Ps 27:1,4, 13-14 Mt 9:27-31 ...in relation to God, the more a soul hopes the more it attains. A3 7:2 John of the Cross</p>	<p>4 John Damascene B.V.M. First Saturday Is. 30:19-21,23-26 Ps. 147:1-2,3-4,5-6 Mt 9: 35-10:1,6-8 Never give up prayer... God often desires to see what love your soul has... John of the Cross</p>
<p>5 Second Sunday of Advent Is 40:1-5,9-11 Ps 85: 9-14 2 Pt 3:8-14 Mk 1:1-8 The Lord does not delay in keeping His promise - though some consider it "delay". 2 Pt 3:9</p>	<p>6 St. Nicholas Is 35:1-10 Ps 85:9-10, 11-12,13-14 Lk 5:17-26 The mystery of the Incarnation & the mystery of evil are closely connected; against the light come down from heaven, stands out darker & more sinister, the night of sin. Benedicta of the Cross</p>	<p>7 St. Ambrose Is 40:1-11 Ps 96:1-2, 3,10,11-12,13 Mt 18:12-24 Faith is comparable to the feet by which one journeys to God, and love is like one's guide. SC 1:11 John of the Cross</p>	<p>8 IMMACULATE CONCEPTION Gn 3:9-15,20 Ps 98: 1-4 Eph 1:3-6,11-12 Lk 1:26-38 The practice of self-knowledge is the first requirement for advancing to the knowledge of God. Sc 4:1 John of the Cross</p>	<p>9 Bl Juan Diego Is 41:13-20 Ps 145:1,9, 10-11,12-13 Mt 11:11-15 The Son is the only delight of the Father, Who rests nowhere else, nor is present in any other than in His beloved Son. SC1:5 John of the Cross</p>	<p>10 Is 48:17-19 Ps 1: 1-2,3,4,6 Mt 11: 16-19 God watches over the affairs of those who truly love Him without their worrying about them. (Letter to Dona Juana de Pedraza) John of the Cross</p>	<p>11 St Damasus I Sir 48:1-4,9-11 Ps 80:2-3,15-16,18-19 Mt 17:10-13 All the goodness we possess is lent to us, and God considers it His own work. Maxims29 John of the Cross</p>
<p>12 Third Sunday of Advent Is 61:1-2,10-11 (Ps)Lk 1:46-50,53-54 1 Thes 5: 16-24 Jn 1:6-8,19-28 God who is mighty has done great things for me, holy is His name. Lk 1:49</p>	<p>13 St. Lucy Nm 24:2-7,15-17 Ps 25:4-5,6-7,8-9 Mt 21: 23-27 God created all things with remarkable ease & brevity, & in them He left some trace of Who He is. Sc 5:1 John of the Cross</p>	<p>14 John of the Cross Co-founder of the Discalced Carmelites Doctor of the Church Zep 3:1-2,9-13 PS 34:2-3, 6-7,17-18,19,23 Mt 21: 28-32 Knowledge of God produces an incomparable delight. John of the Cross A2 26:3</p>	<p>15 Is 45:6-8,18,21-25 Ps 85:9-10,11-12,13-14 Lk 7:18-23 The presence of God is the applying of our spirit to God, or a realization of the presence of God, ... Spiritual Maxims 1 - Br. Lawrence</p>	<p>16 Bl Mary of the Angels, OCD Is 54:1-10 Ps 30:2,4, 5-6,11-12,13 Lk 7:24-30 Whoever desires peace, let her watch, suffer and be silent. Teresa Mgt. Redi</p>	<p>17 Gn 49:2,8-10 Ps 72: 3-4,7-8,17 Mt 1:1-17 Come, Wisdom of our God As the earthly body has need of daily bread, so the divine life in us demands continual nourishment...the Bread of Life... Mys. of C. 33 Benedicta of the Cross</p>	<p>18 Jer 23:5-8 Ps 72:1, 12-13,18-19 Mt 1:18-24 Come, Leader of Ancient Israel, giver of the Law Carmel should be like the tabernacle---its silence bespeaking our Lord's Presence everywhere. M. Aloysius</p>
<p>19 Fourth Sunday of Advent 2Sam 7:1-5,8b-11,16 (Ps)Lk 1:46-50,53-54 1 Thes 5:16-24 Jn 1:6-8,19-28 Come, Flower of Jesse's stem, sign of God's love for all His people</p>	<p>20 Is 7:10-28 Ps 24:1-2,3-4,5-6 Lk 1:26-38 Come, Key of David It is a great consolation for the soul wearied by the loneliness of being separated from You to see that You are everywhere. Sol. 16 Teresa of Jesus</p>	<p>21 Peter Canisius Sg 2:8-14 Ps 33:2-3, Lk 1:39-45 Come, Radiant Dawn, splendor of eternal light, sun of justice.. Silence is a necessity for the contemplative soul, and there can be no prayer without it. Mother Aloysius</p>	<p>22 1 Sam 1:24-28 (Ps) 1 Sam 2:1,4-5,6-7,8 Lk 1:46-56 Come, King of all the nations. The mirror in which we ought to look at ourselves that we may reach divine union is Jesus Christ,... Teresa Mgt. Redi</p>	<p>23 John of Kanty Mal 3:1-4,23-24 Ps 25: 4-5,8-9,10,14 Lk 1:57-66 Come, Emmanuel, God's Presence among us.. God speaks to the heart in solitude. F3:34 John of the Cross</p>	<p>24 Christmas Eve 2 Sam 7:1-5,8b-11,16 Ps 89:2-3,4-5,27,29 And He gives according to the courage He sees in each and the love each has for His Majesty. Teresa of Jesus</p>	<p>25 CHRISTMAS Day Is 52:7-10 Ps 98:1-6 Heb 1:1-6 Jn 1:1-18 The WORD became flesh and made His dwelling among us, and we have seen His glory.. John 1:14</p>
<p>26 Holy Family Sir 3:2-6,12-14 Ps 128: 1-2,3,4-5 Col 3:12-21 Lk 2:22-40 Let the word of Christ, rich as it is, dwell in you. Col 3:16</p>	<p>27 John the Evangelist 1 John 1:1-4 Ps 97:1-2, 5-6,11-12 Jn 20:2-8 ...the fidelity that the Master asks of you is to remain in communion with Love,...</p> <p>Elizabeth of the Trinity</p>	<p>28 Holy Innocents 1 Jn 1:5-2:2 Ps 124:2-3, 4-5,7-8 Mt 2:13-18 Lord, take my life from me. I wish to be consumed and to immolate myself entirely for You. Anne of St Bartholomew</p>	<p>29 Thomas Becket 1 Jn 2:3-11 Ps 96:1-2, 2-3,5-6 Lk 2:22-35 In the heart of the Church, my Mother, I shall be love! Little Thérèse</p>	<p>30 1 Jn 2:12-17 Ps 96: 7-10 Lk 2:22-35 There is a joy in suffering when one thinks of eternal happiness. Mary of Jesus Crucified (Little Arab)</p>	<p>31 Sylvester I New Year's Eve 1Jn 2:18-21 Ps 96:1-2, 11-12,13 Jn 1:1-18 Consume all of my imperfections like the fire that transforms everything in itself. Little Thérèse</p>	

OBSERVATIONS ON THE RULE OF LIFE OF THE SECULAR ORDER OF DISCALCED CARMELITES:

ALL PEOPLE ARE CALLED TO SHARE, THROUGH CHARITY, THE HOLINESS WHICH BELONGS TO GOD ALONE Note that any holiness you have is not your possession but something that God shares with you. And how does God do that? Through charity, through love.

Think of all the people you meet and know, everybody is called to share in God's holiness. Is this crazy? Or does this mean we all need to start looking at every other human being differently--as someone God loves? When was the last time that you looked at someone and said to yourself, "This person is special to God; God is looking lovingly on this person"? At each and every one of them? For how many of them do you actively share God's love? It would seem clear to anyone who can count that God loves too many, too much for us mere creatures of His. We excuse ourselves by saying He is God and we are not. But we are called to share His holiness **by charity, by love.**

To be a saint is to be holy, to be holy is to love others. . . but as God loves them. Wow! We have quite a job cut out for us, don't we?

And these are just the first few words of the OCDS Rule of Life that we jump past to get to the important things that we need to do if we are going to be living the Rule that Members promise to follow.

Could it be that we want to share in God's holiness by reciting prayers (and on time!)? Or by getting other holy things "done"? The challenge of Christianity and Carmelite Spirituality demands more.

What does God think/know about us when we have got our Mass, mental prayer, and morning office "done"--so now we can get on with life for the day? Or does our God want to walk through the day with us? If someone gives me three things I need, then tells me "Get out of my face," I don't feel all that loved. When we get our obligations "done", Jesus tells us in one Gospel story, you've only done what you should have done. Consider yourselves unworthy servants. *And right there in the first few lines of the OCDS Rule. . . you are challenged to: "Be perfect as your heavenly Father is perfect" (Mt 5,48) (Who sends rain on all and sun on all, good and bad).*

St. Teresa of Avila points out (I think in the Way of Perfection somewhere) that we put up with a lot more from those we love than from those we care less about. What does this say about the degree of love in your life?

St Therese in her Story Of A Soul says her vocation is love. And your Rule of Life gets right to the point in the very first line of the Foreward!

Would anyone be wrong to tell you to read your Rule of Life more often and appreciate it? If you are finished with the two-year formation program, and the three years living the OCDS Rule, in re-reading your Rule, would your several years of experience not give you a deeper insight into its message?

The second paragraph of the Rule's Foreward talks about the following of Christ. How do you see yourself as following Christ? Arriving at a Novitiate, entering a strange and mysterious building with a schedule that is (at least at first) other-worldly, may give a person the impression that he/she is doing something to follow Christ. But in the everyday humdrum routine or in the hectic real world of family crisis, work, or driving people here and there, etc., do you see these actions as expressions of applied love in a manner that "follows" Christ because of its giving element?

One of the realities that exist in our OCDS membership is the **diversity of personal vocations**. There must be some style of work or way of making an honest living that does not include an OCDS member, but, if a true list were made of the occupations of OCDS members, and candidates to become members, in the USA it would include just about every walk of life!

Both St Teresa of Avila and St. Therese seem to note the importance of God's gifts. These gifts, for both of them were not just those of body or mind or grace, but of other *people*. St. Therese speaks of how loving her family was, of how much she *needed* them just to survive. They were God's gifts to her. And. . . who are the people God has sent into your life? Do you thank God for them? Do you as Teresa of Avila would recommend, thank *them*, your benefactors?

Seculars, appreciate your Rule and recognize Jesus calling you to follow Him.

EASTERN REGIONAL CONGRESS

SECULAR ORDER DISCALCED CARMELITES

**Theme: Listening and Loving:
A Carmelite response to the Spirit*

LOUISVILLE, KENTUCKY

June 23rd - June 26th, 1994

***Inspired by Jessica Powers poem, "TO LIVE WITH THE SPIRIT"**

*To live with the spirit of god is to be
a listener.*

*It is to keep the vigil of mystery,
earthless and still.*

*One leans to catch the stirring of the
Spirit, strange as the wind's will.*

*The soul that walks where the wind
of the Spirit blows
turns like a wandering weather-vane
toward love.*

*It may lament like Job or Jeremiah,
echo the wounded hart, the mateless
dove;*

*it may rejoice in spaciousness of meadow
that emulates the freedom of the sky.*

*Always it walks in waylessness,
unknowing;*

*it has cast down forever from its hand
the compass of the whither and the why.*

*To live with the Spirit of God is to be
a lover;*

*It is becoming love, and like to Him
toward Whom we strain with metaphor of
creatures:*

*fire-sweep and water-rush and the wind's
whim.*

*The soul is all activity, all silence;
and though it surges Godward to its
goal, it holds,
as moving earth hold sleeping noonday,
the peace that is the listening of the
soul.*

**THE ABOVE REFERS TO OUR EAST-
ERN REGIONAL CONGRESS. YOU ARE
ALL INVITED.**

The two host communities of Louisville, KY will be offering you more information soon through the Clarion and local OCDS group leadership. The location in Louisville will be at the Galt House East and on June 23, 24, 25, and 26th, 1994. If you can, put those dates on your calendar.

The Washington DC OCDS FORMATION BOOK:

The reprint with an added section of suggestions for Ongoing Formation is available for \$5.00 plus \$1.00 for P&H. Make Checks to Frederick, OCDS c/o Peggy Wilkinson, OCDS, 808Dunbrooke CT, Frederick, MD, 21701-9316.

OTHER HELPFUL RESOURCES:

The revised edition of CARMELITE FORMATION READINGS is now available. \$10.00 plus p&h. c/o Pat Darby, OCDS, Mt Carmel Center, 4600 W. Davis St., Dallas, TX 75211-3498.

Fr. Michael Griffin's *Commentary On The Rule* is available through Teresian Press, now located at Holy Hill, 1525 Carmel RD, Hubertus, WI 53033.

Fr. Hilary Doran, OCD, also has a commentary on the OCDS Rule of Life, *BE HOLY*, for \$12.00 US per copy plus P&H c/o Carmelite Book Service, Boars Hill, Oxford, OX15HB England. Telephone Oxford (0865) 730183.

Each Formation Director needs to select what will be most helpful for your group

RETREAT HELP?

Fr. Theodore N Centala OCD is now stationed here at the Common as vocation director for our friars. He said that he is also available for retreats for the Secular Order (days of recollection too, but only if they fit into his travel schedule. It is not economical to travel any great distance for one day.) The topics for his retreats are from the years he gave them:

St. John of the Cross(1991); St Therese (1992); Bl Elizabeth of the Trinity(1993); The Blessed Virgin Mary(1993); The Martyrs of Carmel(1994). The Promises and Beatitudes(perhaps in 1995).

Fr. Michael Griffin and Fr. Matthias Montgomery are at Holy Hill, 1525 Carmel RD, Hubertus, WI 53033

Fr. Marc Foley and Fr. Kieran Kavanaugh are at PO BOX 429, Hinton, WV 25951-0429

Fr. Gabriel Gates is at 4300 Mt. Carmel RD, Ada (Parnell), MI 49301-9740

Fr. Ted Centala and Fr. Patrick Farrell are now here at the Common, 174 Old Street Rd, Peterborough, NH 03458

Fr. Michael Dodd is at 25 Watson Avenue, Barrington, RI 02806

The other Friars active with the Secular Order are still at the same address as before.

TROUBLE WITH PRAYER?

Read chapter 26 of St. Teresa's *WAY OF PERFECTION*. Another practical suggestion when reading St. Teresa's works: **LOOK FOR THE GOLDEN NUGGETS OF USE TO EVERYBODY** that you can find throughout St. Teresa's writings, especially if you are NOT having raptures or extraordinary mystical experiences. More on this next issue.

Carmelite Retreat in May:

Fr. Ted Centala will be offering a Retreat May 20-22, 1994 in Columbia, PA. For info: Cf. Jean Wagner, 3209 Prince St, Harrisburg, PA 17111 Phone #717-564-7616

WHERE DID THEY GO?

Frs. Timothy McGough, Fr. Kenneth Stansky, and Fr. Leonard Copeland are now at St. Florian's, 1233 S 45 ST, MILW.WI 53214.

Frs. Dennis Geng, Kevin Culligan, Bill Healy, Steven Payne and Bruno Cocuzzi are at 166 FOSTER ST, BRIGHTON,MA 02135.

The Rule encourages Carmelite spirituality /talks at OCDS meetings. A talk or retreat containing little or no connection with Carmelite spirituality is for OCDS members something short of adequate. Don't give up. Cassettes will hopefully be part of the future. And you yourselves are part of the answer. Encourage one another.

OCDS NEWSLETTER

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