

MORNING PRAYER – COMMUNITY / PUBLIC RECITATION - The following is a recommended format to all Secular Carmelites April 2016

Suggested Postures / gestures based on environment and personal capabilities		LEADER Note: Leader is ALWAYS correct. <i>Leader is able to appoint a Lector.</i>	COMMUNITY
Stand	Invitatory – ○ antiphon said at the beginning and end of Invitatory psalm	Leader = “Lord, open my lips	<i>Community = And my mouth will proclaim your praises”</i>
Stand	Hymn	Sung or stated by all	Sung or stated by all
Sit	Psalm(s) examples are All taken from Sunday Morning Week 1	Psalm(s)	Psalm(s)
Glory to – <i>optional bow</i>	○ Antiphon “ <i>As morning breaks I look to you, O God, to be my strength this day, alleluia</i> ”	○ Leader = first three words: “As morning breaks”	○ Community = Begin after first three words “I look to you, . . . ”
	○ Psalm 1- Stanza one “ <i>O God, you are my God, for you I long;</i> ”	○ Leader = first word “O”	○ Community = Begins after first word ○ Side 1 “God, you are my God . . . ” ○ Side 2 = “For Your love is better than life,”
	○ Stanza two – “ <i>For Your love is better than life,</i> ”		
	○ Psalm prayer (not said in public recitation)		
	○ Glory to . . .	○ All	○ All
	○ Antiphon	○ All	○ All
	Above sequence repeated for Psalm 2 and 3	Above sequence repeated for Psalm 2 and 3	Above sequence repeated for Psalm 2 and 3
Sit	Reading	Leader or appointed Lector	
Sit	Responsory: “Christ, Son of the Living God, have mercy on us. -Christ, Son of the living God, have mercy on us.”	Responsory: Leader or appointed Lector “Christ, Son of the Living God, have mercy on us.”	Responsory: – begin at hyphen “ - Christ, Son of the Living God, have mercy on us.”
Stand <i>Sign of the Cross</i>	Canticle of Zachariah (Sign of the Cross)	Canticle of Zachariah (Sign of the Cross)	Canticle of Zachariah (Sign of the Cross)
Glory to – <i>optional bow</i>	○ Antiphon	○ Leader = first three words	○ Community = <i>Begin after first three words</i>
	○ Canticle	○ Leader = first word “Blessed”	○ Community = ○ Side 1 = Begins after first word “be the . . . ” ○ Side 2 = Begins second stanza “He has . . . ”
	○ Glory to . . .	○ All	○ All
	○ Antiphon	○ All	○ All
Stand	Intercessions “ <i>Christ is the sun that never sets, the true light that shines on every man. Let us call out to him in praise:</i> - <i>Lord, you are our life and our salvation.</i> ”	Intercessions: Leader states first lines to the hyphen “ <i>Christ is the sun that never sets, the true light that shines on every man. Let us call out to him in praise:</i> ○ Individual intercessions – May be stated by any member of the community	Intercessions - begin at hyphen - <i>Lord, you are our life and our salvation.</i> ” ○ <i>Response to individual intercessions</i> ○ “Lord here our prayer.” ○ <i>Or other response as indicated by leader</i>
Stand	Our Father	Our Father - All	Our Father - All
Stand	Prayer	Prayer – Leader alone	Prayer
Stand <i>Sign of the Cross</i>	Conclusion ○ May the Lord bless us . . . (Sign of the Cross)	Conclusion - All	Conclusion - All

Suggested Postures / gestures based on environment and personal capabilities		LEADER Note: Leader is ALWAYS correct. <i>Leader is able to appoint a Lector.</i>	COMMUNITY
Stand	Hymn	Sung or stated by all	Sung or stated by all
Sit Glory to – <i>optional bow</i>	<ul style="list-style-type: none"> ○ Antiphon <i>“The Lord will stretch forth his mighty scepter from Zion, and he will reign for ever, alleluia.”</i> 	<ul style="list-style-type: none"> ○ Leader = first three words: “The Lord will” 	<ul style="list-style-type: none"> ○ Community = Begin after first three words “stretch forth his mighty . . . ”
	<ul style="list-style-type: none"> ○ Psalm 1- Stanza one <i>“The Lord’s revelation to my Master:”</i> ○ Stanza two – <i>“The Lord will wield from Zion,”</i> 	<ul style="list-style-type: none"> ○ Leader = first word “The” 	<ul style="list-style-type: none"> ○ Community = Begins after first word <ul style="list-style-type: none"> ○ Side 1 <i>“Lord’s revelation to my Master . . . ”</i> ○ Side 2 = Begins with second stanza <i>“The Lord will wield from Zion,”</i>
	<ul style="list-style-type: none"> ○ Psalm prayer (not said in public recitation) 		
	<ul style="list-style-type: none"> ○ Glory to . . . ○ Antiphon 	<ul style="list-style-type: none"> ○ All ○ All 	<ul style="list-style-type: none"> ○ All ○ All
	Above sequence repeated for Psalm 2 and 3	Above sequence repeated for Psalm 2 and 3	Above sequence repeated for Psalm 2 and 3
<ul style="list-style-type: none"> ○ Antiphon <i>“The earth is shaken to its depths before the glory of your face.”</i> 	<ul style="list-style-type: none"> ○ Leader = first three words: “The earth is shaken” 	<ul style="list-style-type: none"> ○ Community = Begin after first three words “to its depths before . . . ” 	
Sit	Reading	Leader or appointed Lector	
Sit	Responsory:	Responsory: Leader or appointed Lector	Responsory: – begin at hyphen
Stand <i>Sign of the Cross</i> Glory to – <i>optional bow</i>	Canticle of Mary (Sign of the Cross)	Canticle of Mary (Sign of the Cross)	Canticle of Mary (Sign of the Cross)
	<ul style="list-style-type: none"> ○ Antiphon ○ Canticle 	<ul style="list-style-type: none"> ○ Leader = first three words ○ Leader = first word “My” 	<ul style="list-style-type: none"> ○ Community = Begin after first three words ○ Community = Begins after first word <ul style="list-style-type: none"> ○ Side 1 <i>“soul proclaims the greatness . . . ”</i> ○ Side 2 <i>“From this day all generations . . . ”</i>
	<ul style="list-style-type: none"> ○ Glory to . . . ○ Antiphon 	<ul style="list-style-type: none"> ○ All ○ All 	<ul style="list-style-type: none"> ○ All ○ All
Stand	Intercessions <i>“Christ the Lord is our head: we are his members. In joy let us call out to him:”</i> <i>-Lord, may your kingdom come”</i>	Intercessions: Leader states first lines to the hyphen <i>“Christ the Lord is our head: we are his members. In joy let us call out to him:”</i> <ul style="list-style-type: none"> ○ Individual intercessions – May be stated by any member of the community 	Intercessions - begin at hyphen <i>-Lord, may your kingdom come”</i> <ul style="list-style-type: none"> ○ Response to individual intercessions <ul style="list-style-type: none"> ○ <i>“Lord here our prayer.”</i> ○ <i>Or other response as indicated by leader</i>
Stand	Our Father	Our Father - All	Our Father - All
Stand	Prayer	Prayer – Leader alone	Prayer
Stand <i>Sign of the Cross</i>	Conclusion <ul style="list-style-type: none"> ○ May the Lord bless us . . . (Sign of the Cross) 	Conclusion - All	Conclusion - All

BREVIARY – Liturgy of the Hours

PRIVATE RECITATION

Individually you may read *Silently* or *Out Loud* April 2016

MORNING PRAYER – PRIVATE	EVENING PRAYER - PRIVATE
Invitatory – <ul style="list-style-type: none"> ○ Lord, open my lips, . . . (sign of Cross) ○ antiphon beginning and end of psalm 	
God, come to my assistance. . . (sign of the Cross)	God, come to my assistance. . . (sign of the Cross)
Hymn	Hymn
Psalm(s) <ul style="list-style-type: none"> ○ Antiphon ○ Psalm 1 ○ Psalm prayer (optional) ○ Glory to . . . ○ Antiphon Sequence repeated for Psalm 2 and 3	Psalm(s) <ul style="list-style-type: none"> ○ Antiphon ○ Psalm 1 ○ Psalm prayer (optional) ○ Glory to . . . ○ Antiphon Sequence repeated for Psalm 2 and 3
Reading	Reading
Responsory	Responsory
Canticle of Zachariah <ul style="list-style-type: none"> ○ Antiphon ○ Canticle ○ Glory to . . . ○ Antiphon 	Canticle of Mary <ul style="list-style-type: none"> ○ Antiphon ○ Canticle ○ Glory to . . . ○ Antiphon
Intercessions	Intercessions
Our Father	Our Father
Prayer	Prayer
Conclusion <ul style="list-style-type: none"> ○ May the Lord bless us . . . (sign of the Cross) 	Conclusion <ul style="list-style-type: none"> ○ May the Lord bless us . . . (sign of the Cross)